

The Mount Observer

“Voices of the students of Mount Wachusett Community College”

PREVIEWS



Turning Passion Into a Profession

The new Veterinary Technology program at MWCC may be highly competitive, but it is constantly developing and significantly better than other local competitors.

For the full article, see page 3

Profile: Nancy Regan

Nancy Regan, health assistant in the MWCC Nurse’s office, enjoys interactions with students and focusing on mental health.

For the full article, see page 5

Three New Art Installations

Three temporary art installations will be up for another week. Please enjoy!

For the photo spread, see page 4

Reviews

Check out our thoughts on the newest entry in Nintendo and Game Freak’s Pokémon game franchise, *Pokémon Sword & Pokémon Shield*.

Full review on page 6



Dare to Do Double Duty

Dual enrollment students tackle high school and college credit

By *Hannah Bennett*
OBSERVER CONTRIBUTOR

The Dual Enrollment program allows students who are 16 years old or older to enter the college environment and earn college credits before they graduate high school. However, there are requirements for every applicant to fulfill before and after acceptance into MWCC.

Sixteen-year-old first-year transfer student Maddie Faneuf has only attended classes at the Mount for a few months, but she has joined the SGA (Student Government Association) and explored several services provided by the college in that short time.

Faneuf originally found out about the dual enrollment program through her cousins, who completed it themselves. Faneuf said her two years in high school pushed her towards the dual enrollment program as

a way to escape the “drama” at school and the neglect of student needs by the administration.

“I wanted a fresh start,” said Faneuf.

While the allure of the Mount caught Faneuf’s attention, the negative environment of her high school gave her just as much of a desire to switch schools as her excitement for the Mount. Her high school’s setting triggered a great deal of mental stress and took its toll on her academics and mental health. The relaxed environment of the Mount helped her destress and focus on her classwork.

“The best decision I’ve ever made academically was to transfer here,” said Faneuf. “I would 100% recommend coming here to anyone wondering [about dual enrollment].”

continued on page 2
“Dual Enrollment” >>>



Photo by Hannah Bennett

Maddie Faneuf

Harassment in the Workplace

Students and professors discuss a prevalent problem

By *Brandon Feliz*
OBSERVER CONTRIBUTOR

Working in a hostile work environment can be one of the most difficult and confusing things someone can go through.

It can be especially frustrating when it is a full-time job, likely to be the place where one spends most of their waking hours. More time is spent at full-time jobs anywhere else for the average U.S. citizen. One third of an American’s life is spent at work, according to www.gettysburg.edu. Statistics also show that people’s jobs can contribute to workaholism, insomnia and divorce, and that

stress from work is estimated to be the fifth-biggest cause of death in the U.S., according to the *Business Insider*. When workplace harassment occurs as well, working to make ends meet can become a monumental task.

Take the life of twenty-year-old Ari Summers, who requested her name be changed to protect her privacy. Summers is a student at MWCC who works part-time at a dealership. She says she suffers from workplace harassment almost every day that she’s on the job.

continued on page 2
“Workplace Harassment” >>>

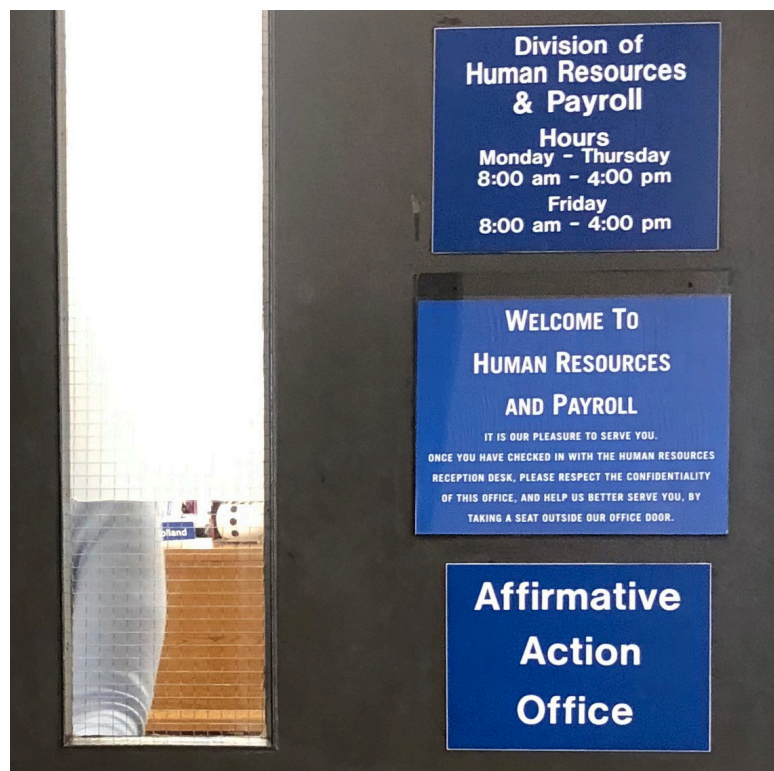


Photo by Betsy Torres

MWCC’s Human Resources Office, Room 112

Dual Enrollment

>>> continued from page 1

According to a 2015 study by the Community College Research Center (CCRC), “at community colleges [the number of students in dual enrollment] grew from 163,000 to 745,000. This indicated that community colleges’ market share of students aged 17 or younger taking college courses increased from 56 percent in 1995 to 69 percent in 2015.”

This study indicates that there was an overall increase in the number of dual enrollment students at community colleges in the United States. As more students joined dual enrollment programs, more studies involving these students were conducted.

CCRC also stated, “nearly two thirds of community college dual enrollment students nationally were from low- or middle-income families— about the

“Often times a student will come and talk with me about Dual Enrollment and unfortunately once they find out they have to pay their own way, do not have the means to do that and that’s kind of where the conversation stops,” wrote Donnelly in an email interview.

“However, for the few whose parents are able to afford DE, my role is helping them fill out their application which includes things like filling in what courses they need to take in order for us to accept it as a dual credit.”

Dual enrollment gives a new “home” to students who are in the program. But how do students in dual enrollment interact with students in the “high school” environment?

“I honestly feel like [dual enrollment] really segregates the student because they are no longer a part of our day to day events at the high school like pep rallies, drills, assemblies, etc.”

academically challenged in high school or needs a more mature environment,” said Daly.

Of the different types of dual enrollment offered at MWCC, Daly works with students starting what is called “Traditional Dual Enrollment.”

According to the “Early College & Dual Enrollment Programs” document issued to those working with MWCC, “High School students who intend to complete a portion of their junior or senior year at the college through MWCC’s Traditional Dual Enrollment program must: Submit a completed Dual Enrollment Admissions Application, be 16 years of age or a current junior or senior and hold a minimum 2.8 GPA,” and qualify in other areas of application.

“Part of my job is to screen students who fill out the application,” said Daly. “Students have an interview with

“I recommend dual enrollment to any student who doesn’t feel academically challenged in high school or needs a more mature environment.”

– Liz Daly, Director of Admissions

same proportion as students who start in a community college after high school.”

While dual enrollment provides a different form of and setting for education for many students, there is a growing disconnect between those who participate in dual enrollment and students who stay at the high school level, according to one local guidance counselor.

Guidance Counselor Narragansett Regional High School (NRHS) Katie Donnelly works with students who wish to start the dual enrollment program.

wrote Donnelly. “However, as DE students they are welcome to attend all of these if they don’t have class.”

Students involved in dual enrollment through their high schools gain college experience while still being enrolled at their high school and earning their diploma. However, there is more than one type of dual enrollment.

Liz Daly, Director of Admissions at MWCC, is one of the college staff on campus that has assisted students in starting the dual enrollment process.

“I recommend dual enrollment to any student who doesn’t feel

me or the Dean [of students] before being accepted.”

Daly’s job also involves speaking to students who apply for dual enrollment and helping them prepare for the change of pace from high school to college.

“The difficulty of [dual enrollment] depends on the student,” said Daly. “I try to make sure students are prepared for the workload. I tell them they have to be prepared to work outside of the classroom, for perceived free time, and to be prepared for class and just ask questions.”

Workplace Harassment

“I get harassed by the owner of my job,” said Summers. “He always comes around my desk, grabs my arms so I could hug him. I always have to turn my face to the side or else he will try to kiss me. Either way, he’ll still kiss me on the cheek unless I’m lying about being sick.”

This type of behavior coming from the higher-ups makes Summers not even want to go to work, but until she finds another job she must continue working there in order to pay her bills.

The worst part of it all, she said, is that the company won’t assist her adequately. “I’ve mentioned this behavior to human resources, and all they said was that he’s been like that for the thirteen years that they’ve known him,” said Summers, “and that it’s probably because I resemble his daughter or because of his culture. ‘He’s just an old Italian man,’ they said.”

In some European and Latin American cultures, it is more common to kiss someone on the cheek as a greeting. Regardless, the justification ends the moment concern is expressed and all advances that make the other party uncomfortable should come to an absolute halt.

“If the person... complains about being uncomfortable, that is hostile to them,” said Elmer Eubanks-Archbold, a business professor here at MWCC who has an abundance of experience in Business Ethics.

“If I am a supervisor and I’m like ‘oh hey’ and then I start kissing my employees, but it makes them uncomfortable, I have to stop that even if it’s what I normally do,” said Eubanks. “And that’s where the definition of sexual harassment would come in. It would have to be based off the person that’s feeling it. So

you have to respect their space, even if it is culturally correct or normal to you.”

This can be a big change for some people who have lived their whole lives under a different influence and culture in a different country that is thousands of miles away. “Even though [they] are in a different culture,” says Eubanks-Archbold. “[They] have to make the effort to understand how the culture works here in America.”

At a job where human resources cannot provide one with the resources to keep them feeling human in the workplace, employees can instead reach out to a third party. Luckily, in Massachusetts and even within our own school walls there are resources to help. Steps must be taken, however, in succession in order to make sure all possible solutions are explored.

“The first step is to tell them to stop,” says Jason Zelesky, Dean of Students “It’s more difficult with someone higher-up, so if I felt like I wasn’t being taken seriously and no one can help me I would call the Massachusetts Commission Against Discrimination (MCAD).”

The MCAD phone number can be found under the Resource tab on the MWCC website. There are also a number of alternative resources that help individuals fight against hostility in the workplace such as the Equal Employment Opportunity Commission (EEOC), information on affirmative action policy, prohibited conduct, and policies against sexual harassment.

“We have strict policies on campus and no tolerance for harassment on campus for our students nor our faculty,” says Zelesky.

For more information on Dual Enrollment at MWCC, please visit www.mwcc.edu/academics/k-12/programs/dualenrollment

If you or someone you know are suffering from harassment in the workplace, please contact the MCAD at (617) 994-6000 or the EEOC at (617) 565-3200.

Turning Passion into a Profession

Veterinary Technology program advances careers in animal care

By *Nicholas Papini*

ASSISTANT EDITOR

The new Veterinary Technology program at MWCC may be highly competitive, but it is constantly developing and significantly better than other local competitors.

Jessica Pelland, a student in her first year of the program, said that at the age of 40 she felt that there was something missing in her life. She said that she asked herself what she might want to do and decided to pursue a career that would allow her to work with animals. The timing of this revelation happened to coincide with the new MWCC program, and she felt that the decision to apply was a no-brainer.

"I consider this the opportunity of a lifetime," Pelland said. She enjoys the program immensely and is very grateful for the excellent instructors. She feels that the Veterinary Technician program at MWCC is unique in the amount of support she



Photo courtesy of Jessica Pelland

Jessica Pelland

receives from the staff. She said that the atmosphere between students and professors is excellent and that they do not sacrifice in teaching ability to have a friendly and open relationship with their students.

Pelland also cautioned that being a Veterinary Technician is not for everyone. The program is very difficult, and she feels that there must be something more to your desire to be in this field than merely a love for animals.

Pelland stated that a significant reason why she chose MWCC to pursue her Veterinary Technician degree is the cost. She said that Veterinary Technicians make comparatively little money, and she feels that attending one of MWCC's significantly more expensive competitors would be a waste.

Madeline Quero, another student within the Veterinary

continued on page 4
"Vet Tech Program" >>>

It's Never Too Late to Succeed

Transitions to College program helps nontraditional students achieve their goals

By *Maya Douglas*

OBSERVER CONTRIBUTOR

The Transitions to College program is a grant-funded program which supports non-traditional students to ease their way into the college lifestyle.

The program is led by Kim Kayser, program advisor and coordinator. Kayser's goal for the Transitions program is to be able to accept more students in the future, since the program has a limited number of slots and there is a waiting list.

She also hopes to remain the counselor for her students even after they graduate out of her program.

"The relationship between advisor and student is a crucial part of the Transitions experience and is part of the reason why my students do so well," Kayser commented.

By the end of the two semesters, Kayser has worked closely enough with her students to know their work schedules, lifestyles, and academic goals,

as well as their personal aspirations as individuals. Forming a personal relationship with an advisor, Kayser asserts, is beneficial to students and is a major factor in student success.

Kayser said that her goal is for her students to graduate or obtain a college certificate, but more importantly, for students to try their best. She notes that many students would never attend college without the opportunity to participate in this free, supporting program.

The Mount Wachusett Community College Transitions program is one of fifteen transition programs in the state of Massachusetts. Kayser said the college considers itself lucky to have this program here, and in addition to funding from the Department of Education, the college gives very generous donations to the program so that it may thrive.

Kayser took over the Transitions program eight years ago. She says her main job is to

work closely with the students in her program and help them acclimate into campus life. As advisor, her role also includes helping students prepare and complete the Accuplacer test, guiding them through the application process, and helping students determine a program of study.

Kayser is also in charge of budget management and

continued on page 4
"Transitions to College" >>>

Let Your Voice be Heard!

Send your stories, poetry, artwork, photography, or other content to
mountobserver@mwcc.mass.edu

Transitions to College

>>> continued from page 3

program recruitment. MyTurn, an agency in Fitchburg which aids homeless young adults and teen moms, is one of the partner programs used to recruit students.

She also does outreach work in local prison programs in an effort to help rehabilitate ex-criminals by bringing them into her program. Kayser said that this semester, the program kept a total of 32 students.

Before being accepted into the Transitions program, students must attend classes through the Adult Basic Education (ABE) program and earn their GED or HiSet.

Advisor to the program Julie Sallet said that the best part of

her job is helping students see their own potential. She is a career development counselor specialized in adult education and training, and said she enjoys working one on one with students.

Sallet said students in the ABE program learn at their own pace. Their time in the program varies depending on each student.

Some only spend two months, while some are in the program for up to six months. Sallet said students in the program vary in age from sixteen to fifty. She believes that it is never too late to finish school. Sallet works closely with her students on not only their academic goals, but their personal goals as well, such

as getting a job or an apartment. The primary struggles of her students concern self-confidence, time management, or childcare and transportation.

"I do believe in our mission," Sallet said. "It's important to help people in our region enter into post education or move into jobs for a self-sustainable income."

Sallet said she hopes to see the enrollment rate continue to grow, and that at least 75% of students in the ABE program move onto Transitions to work with Kim Kayser.

"It's truly rewarding to watch others achieve their goals and know you had a part in that," she said.

Vet Tech Program

>>> continued from page 3

Technician program, said that she owes much to the staff in charge of the program. She said that they have helped her out greatly with personal and class related issues and that she is grateful that she can feel so comfortable with her professors.

Lexi McNamara, Assistant Professor and Department Chair for the Veterinary Technology Program, said that Veterinary Technicians are very much like the nurses of the veterinary world. They handle all the jobs that people generally associate with nurses and much more. For instance, Veterinary Technicians may assist in surgeries, do dental work, perform x-rays, give anesthesia, and more.

McNamara also said that a large portion of the work that many Veterinary Technicians perform is interacting with pet owners.

"One of the most important parts of our job in my opinion is educating pet owners," she said.

She also said that she believes

that Veterinary Technicians are the first line of education for all pet owners and that everything a person finds online about their pet is probably wrong.

According to McNamara, the Veterinary Technician program has a rather rare piece of cutting-edge technology available to them in the form of the SynDaver Surgical Canine.

The SynDaver is a highly advanced and realistic synthetic dog. McNamara says it is an invaluable training tool which helps students to practice skills they will be expected to perform. She also said that in January, MWCC will be getting the company's new SynDaver Cat model.

McNamara stated that MWCC's Veterinary Technician program utilizes no live animals on campus. This makes those synthetic animals essential to the education of the students. To supplement these models, MWCC has partnerships with local farms, veterinary facilities,

and research facilities to give students hands-on experience.

Sue Guartafierro, administrative assistant in the admissions office, heads up the Veterinary Technician program's admissions and has some recommendations for those who aspire to be accepted into the program. She recommends an employment history with work related to animals.

She said that volunteer work with animals, such as at an animal shelter, would also look excellent on an application.

Guartafierro suggests that it is prudent for students interested in the Veterinary Technician program to take all classes required for the degree which are not strictly veterinary classes before applying to the program. She said that not only does it make the candidate look better, it also makes it so that a student who is accepted can better focus their time and effort on the intensive Veterinary Technician work.

Three New Art Installations on Display

Photos courtesy of Thomas Matsuda



Tule Lake. Inspired by the WWII Japanese American Internment Camp. Last crosswalk, 2nd floor. Wire, cloth. Wes Ringwood.



Mont Sainte-Victoire. Inspired by the series of paintings of this mountain by Paul Cezanne. Multipurpose room. Colored yarn. Deb Boudreau



Summer Memory. A childhood summer camp that was demolished. Main entrance. Broken record, acrylic paint. Emily Payson

PROFILE

Profile: Nancy Regan

Health Services staff member supports physical and mental wellness



Photo by Thomas Hill Jr.

Nancy Regan

By Maya Douglas

OBSERVER CONTRIBUTOR

Nancy Regan, health assistant in the MWCC Nurse's office, enjoys interactions with students and focusing on mental health. She said for her, health is beyond a passion. She emphasized that

health is not only concerning the physical body; mental health and nutrition affect people just as much as illness or injury.

Starting last fall, every Wednesday students meet at the roundabout outside the cafe to go on a half hour walk for "Walking Wednesdays." Both faculty and students are welcome. Regan said the meeting time is at 12:30 p.m. so that students may take a break from studying to get some fresh air.

Regan said she created Walking Wednesdays after noticing that students were not leaving the building, going outdoors, or getting fresh air in between classes. Regan did research and found that thirty minutes a day of walking can improve cardiovascular health, breathing, mental stability, and

stress. In addition, she said that by going outside, students absorb necessary nutrients such as vitamin D and that going with a group helps students become more social.

Regan said she is an advocate of mental health awareness.

"I feel fortunate to work in health services where I am able to expose students to a multitude of holistic approaches to mental illness."

- Nancy Regan

Her goal is to show students other ways of relief, such as yoga, meditation, breathing, and walking.

She said her time at MWCC has been successful. She enjoys watching her students change in personality, socially, and begin to feel relief from their daily struggles. She encourages everyone to find resources to deal with mental health.

Regan has earned a Level Three Reiki Master certification. According to her, Diane King, a nurse in the office who retired last year, inspired her to learn Reiki. Regan described it as both satisfying and fulfilling work, and she is happy she can share it with her students.

"I feel fortunate to work in health services where I am able to expose students to a multitude of holistic approaches to mental illness," said Regan.

Regan is also organizing a Wellness Fair for this Spring,

sponsored by the Health Services Department. There will be a speaker on nutrition and mental health, and counseling services and massage therapy will be available. She said there will also be yoga, tai chi, Reiki, and healthy food. Presently, she is working with the Health Services Department to bring in a nutrition chef for the event to teach a seminar on how to eat well while on a budget.

Regan has a degree in Human Services and worked at the Fitness and Wellness Center for fourteen years before coming to MWCC. Currently, she is participating in a yearlong program to become a Certified Health Coach through the online Institute of Integrative Nutrition.



Framingham
State University

Taking the Next Step
My Way

FSU is Accepting Transfer Applications

If you are thinking about transferring from a community college or another university, explore your options at Framingham State University.

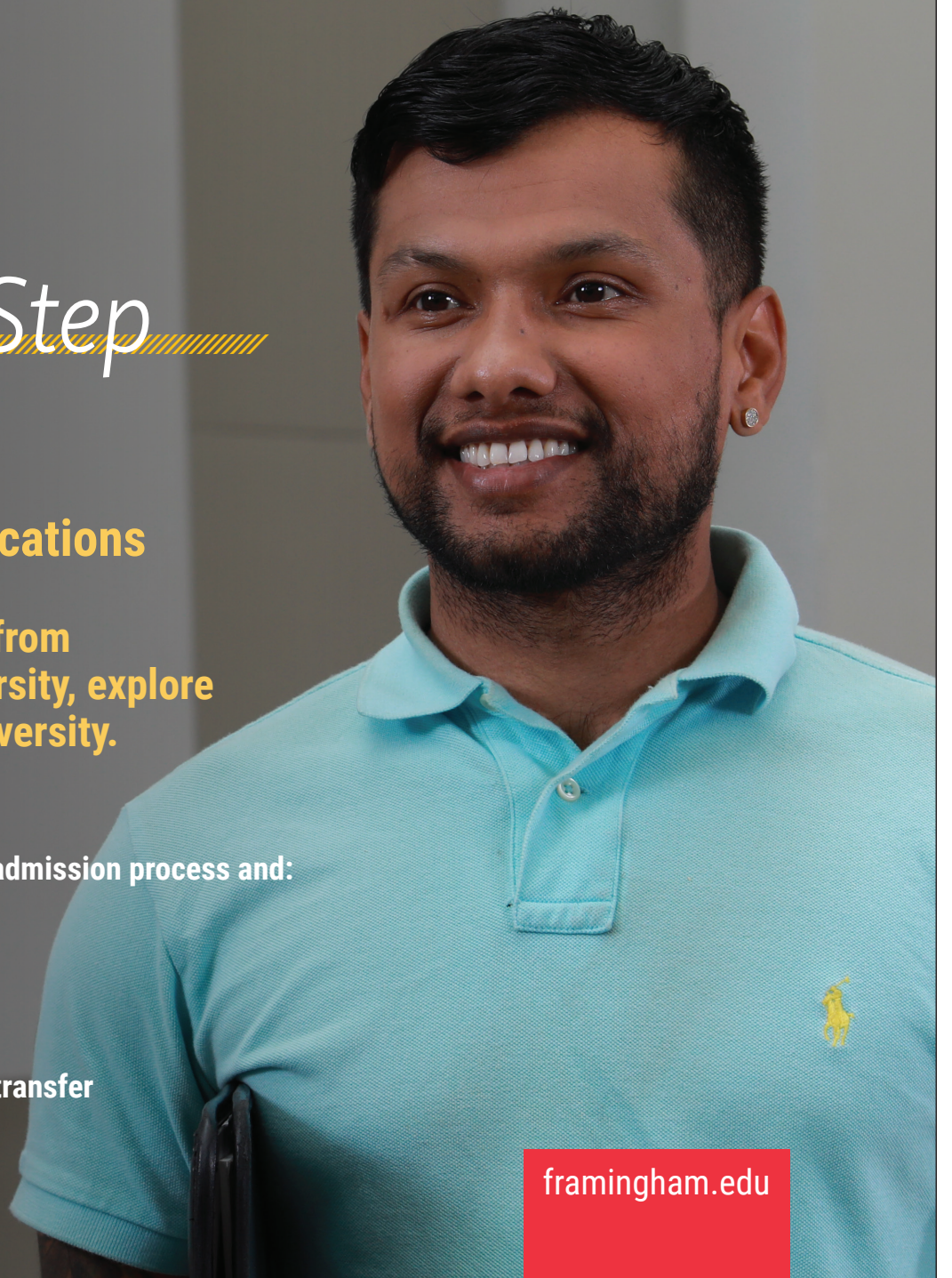
We're ready to help!

Contact us now and learn about our easy transfer admission process and:

- Discover opportunities at FSU
- Speak with Admissions Counselors
- Tour our beautiful New England campus

For more information, visit www.framingham.edu/transfer or call 508-626-4500

framingham.edu



Winter is Hell

Veterans' tips for getting through a hard winter

By **Kristopher Madden**
OBSERVER CONTRIBUTOR

When it gets cold, your body and your equipment want to quit and no one has time for that. Luckily, the Veteran community at Mount Wachusett Community College has over 100 years of accumulated service time and more than a few tips and tricks to make your life easier when the going gets tough.

First Lieutenant Victor Dhlwayo, former Mortar Infantryman and Media Arts and Technology major, recalls his arctic warfare training from Fort Richardson, AK.

"Most importantly, dress in loose layers," Dhlwayo said. "You don't want tight things against your skin unless the fabric is specially designed to wick sweat. You want room for air to be able to move in your clothes because your body makes its own heat. You just want to keep that heat in but not make you sweaty because if you get sweaty, you'll freeze."

"Gloves and a hat are both the second most important things," he added. "You need to keep your hands warm because you use your hands a lot and can't just have them in your pockets all the time. Plus, if your hands get cold then the rest of you will feel cold, because you'll



Photo by Darran Shen on Unsplash

be thinking of how cold your fingers are. Get a good pair with touchscreen pads on the tips, so you don't have to take them on and off all the time."

Next, vehicle maintenance is the backbone of any armored battalion and many students drive to school and work. Check your oil regularly, try to maintain your brake pads and familiarize yourself with

your vehicle. It's your lifeline and if you fail to take care of it, it will fail on you. Private First-Class Danielle Lohler, a Heavy Equipment Operator in the Massachusetts National Guard and Legal Studies major, cannot stress the importance of preventative maintenance and checks servicing (PMCS) for your vehicle.

"Whether it's half a ton or

30 tons, it needs oil, it needs its filters changed and it needs brake pad maintenance," she explained. "If you make sure these things are all good before it gets too cold outside, you'll cut your chances of car problems down by a lot. Check your belts, check your hoses regularly and listen for any strange new sounds. Breaking down in the winter is a lot harder than breaking down in the summer."

Finally, in addition to your vehicle, it's equally important to watch your health.

Sergeant Andrew Brunell, United States Marine Corps Infantryman and Human Services major, said "Cold air is dry air. Carry some lotion and make sure you drink enough water. Also keep an extra pair of socks and a gallon sized Ziploc bag in your backpack. If your feet get wet from the snow, you'll have dry socks as well as a bag to put your wet ones in."

"It's a good idea to keep your nose and mouth covered when you're outside, too," he added. "Breathing cold air can dry out your respiratory system, increasing your chances of catching something."

Sarah McNary, RN, MSN, former Lead Nurse Case Manager for US Special Operations Command and current VA liaison for student veterans, said

that Seasonal Affective Disorder (SAD) is commonly associated with Vitamin D deficiency as well as a lack of stimulating brain activity.

"Studies have shown that using your hands will 'light up' over 40% of your brain," she said. "Similar tests have shown that moving your facial muscles will activate another 40% of your brain."

According to McNary, "the best thing you can do to maintain your mental health in the wintertime is to stay active. Go outside at least 15 minutes a day and spend some time in the sun if you can. If for whatever reason you can't, make sure you take Vitamin D supplements. Stay hydrated and eat well."

"Being cooped up inside during the dead of winter is a great time to pick up a new hobby like knitting or playing an instrument," she added. "And if you learn to sing while you learn an instrument, you're using those facial muscles as well."

She paused before adding, "My professional recommendation to anyone feeling the symptoms of Seasonal Affective Disorder would always be to start with a Will Farrell movie."

A Whole New World of Pokémon

Review: Pokémon Sword & Shield



Image from Gamespot, copyright Nintendo, Game Freak, and The Pokémon Company

The mascot pokemon for both versions of the game, Sword and Shield

By **Anna Allen**
OBSERVER WEB EDITOR

On November 15, Nintendo released *Pokémon Sword* and *Pokémon Shield*. These side-by-side role playing games are the eighth generation of main title Pokémon games, and the first new generation published on the Nintendo Switch gaming system.

The basic gameplay of Pokémon has stayed the same since its first release: catch Pokémon (or "pocket monsters")

and battle them. Each generation of games, usually released in pairs, has added new Pokémon to the franchise. As of the seventh generation, *Pokémon Sun & Moon*, there were 807 Pokémon in total.

Sword & Shield take place in a new region of the Pokémon world, called the Galar region, which is based loosely on the United Kingdom. The new setting is charming, and players

continued on page 8
"Pokémon Review" >>>

Puzzle Corner

THE MOUNT OBSERVER
VOLUME 14, ISSUE 5,
February 5, 2020

Editor in Chief:
 Sophia Schlegelmilch

Assistant Editor:
 Nicholas Papini

Web Editor:
 Anna Allen

Staff Photographers:
 Betsy Torres
 Vanessa Roberto

Graphic Designer:
 Thomas Hill Jr.

Contributors:
 Maya Douglas
 Kristopher Madden
 Hannah Bennett
 Brandon Feliz
 Thomas Matsuda

Advisor:
 Susan Goldstein

Address:
 Room 344, MWCC,
 444 Green St.,
 Gardner, MA 01440

Telephone/E-Mail
 978.630.9260
 mountobserver@mwcc.mass.edu

The Mount Observer reserves the right to edit and condense all submissions. *The Mount Observer* is a member of the College Media Advisers, Inc.

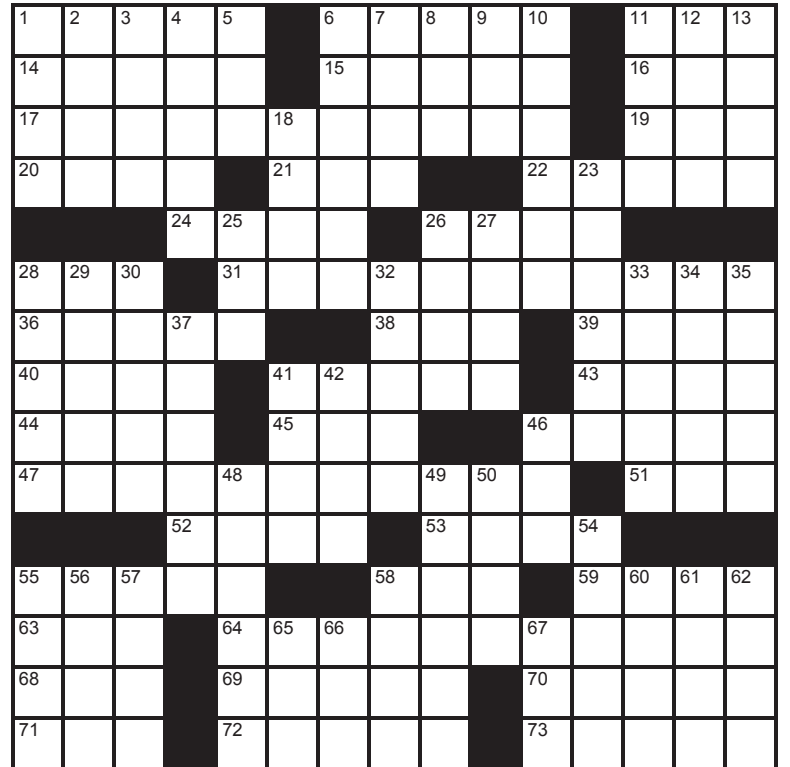
Printer:
 Graphic Developments Inc.

Meeting Times:
 Wednesdays
 12:30PM – 1:30PM

Mount Observer Advertising Policy:

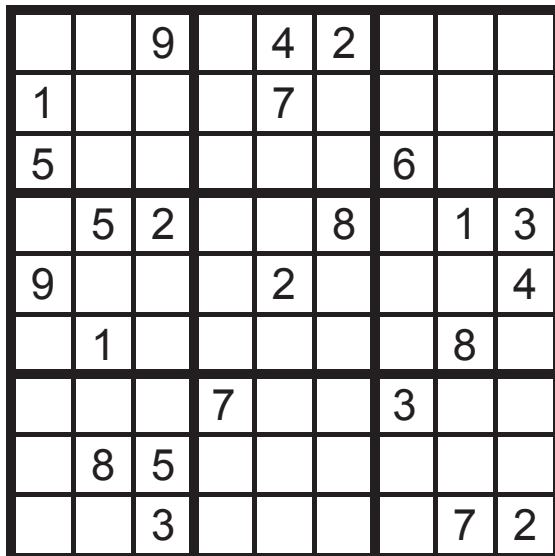
The Mount Observer will reject any ad that is libelous, obscene, violates any laws or encourages discrimination against any individual or group on the basis of race, sex, age, color, creed, religion, sexual orientation, national origin, or disability. *The Observer* reserves the right to edit or reject any ad copy at any time.

- | | | | |
|---------------------|-------------------------------|------------------------------|-------------------------|
| Across | 43 Hearts, for example | 73 Transmits | 28 Squabbles |
| 1 Cheese ingredient | 44 Novelist Morrison, for one | Down | 29 Fortune telling card |
| 6 Lance | 45 Fleur-de-___ | 1 Med. condition | 30 Gem |
| 11 Sayonara | 46 Passage | 2 Abreast of | 32 Loud |
| 14 Musical drama | 47 Stamped, as an actor | 3 Hire | 33 Abode |
| 15 Flexible joint | 51 Always (Poet.) | 4 Apparel | 34 Helpful |
| 16 Quarrel | 52 Section (Abbr.) | 5 Articulate | 35 Spud, to some |
| 17 Shylock | 53 Emulators | 6 Cancel | 37 Coiffure |
| 19 Wrath | 55 Engine | 7 Light shade of red | 41 Splatter |
| 20 Insects | 58 Couple | 8 Cease | 42 Actor Brad |
| 21 Cervid | 59 Roman statesman | 9 Epoch | 46 Beverage |
| 22 Zealous | 63 Garden resident | 10 Peruse again | 48 Spookily |
| 24 Croat | 64 Burning with emotion | 11 Penal facility | 49 Lulls |
| 26 Prejudice | 68 Scurried | 12 Time past | 50 Verse form |
| 28 Byways (Abbr.) | 69 Fr. river | 13 Pitcher | 54 Sports stat |
| 31 Obvious solution | 70 Monotone | 18 Vault | 55 Bare |
| 36 Ways of life | 71 Golfer Ernie | 23 Birthplace of St. Francis | 56 Egg-shaped |
| 38 Mine feature | 72 Pulls hard | 25 Definite article (Sp.) | 57 Decades |
| 39 Scintilla | | 26 Football's Starr | 58 Sinister |
| 40 Venezuela | | 27 Texas town | 60 Soon |
| 41 Pomeranian | | | 61 Take care of |
| | | | 62 Lyric poems |
| | | | 65 Ratite bird |
| | | | 66 Rowlock |
| | | | 67 Egos |



Copyright ©2020 PuzzleJunction.com

To solve the Sudoku puzzle, each row, column and box must contain the numbers 1 to 9. There is only one possible solution.



Copyright ©2020 PuzzleJunction.com

Want to see your art in print?

Send scans or photos of your best pieces to

mountobserver@mwcc.mass.edu

OR

Come visit us in person in room 344



BAY PATH UNIVERSITY

SUMMER SESSIONS

TWO 5-WEEK SESSIONS

Starting May 26 & June 29, 2020

On Ground and Online Courses



ENROLL NOW!

Visit: BAYPATH.EDU/SUMMERSESSIONS

or contact: 413.565.1222 registrar@baypath.edu

On ground courses are located on Longmeadow, Massachusetts campus.

Pokémon Review

>>> continued from page 6

quickly feel welcomed into this adventure. From a gentle farmland to a university city to a mystical forest inspired by *Alice's Adventures in Wonderland*, each section is unique and dazzling in new-generation graphics.

While developer Game Freak didn't include all previous Pokémon in *Sword & Shield*, quite a few new Pokémon appear. The three starters, who are usually a showcase for each new generation, were particularly lackluster this time around, but they were the exceptions. Other new Pokémon have imaginative, friendly personas. Some new designs include a sheep which rolls down the idyllic hills of the setting, a hangry electric type reminiscent of Pikachu (yes – "hangry" is the term the game uses), and a local variation

of Rapidash that is a pink and purple unicorn.

The most creative new Pokémon of *Sword & Shield* could be Sinistea. Sinistea is a china teacup possessed by a ghost. But there are two forms of this Pokémon. Since Sinistea is designed as an antique, it has

only new additions to the game.

Two important new features arrived in *Sword & Shield*: the Wild Area, and Dynamaxing.

The Wild Area is a feature that many fans have asked for. While exploring any Pokémon region, the player runs into random encounters with wild

freely.

This is also the area where Dynamax raids occur. In these raids, players can battle in teams of four against supersized, superpowered Pokémon. At the end of the raid, each player has a chance to capture and use that Pokémon for their own team.

additional challenge and the ability to Dynamax Pokémon. All Pokémon are available to Dynamax, but some have special forms when they go supersized. For example, Garbador, the Trash Bag Pokémon, becomes an entire trash dump.

While Game Freak strayed from its formulaic game design for this generation, most of its changes were for the best. Instead of getting bogged down by their complicated game mechanics, *Sword & Shield* hold true to the heart of Pokémon. In what may be the best games in the franchise so far, *Pokémon Sword & Shield* continue to inspire a wholesome, childlike wonder for the Pokémon world.

“While Game Freak strayed from its formulaic game design for this generation, most of its changes were for the best.”

– Anna Allen

an “antique” form and a “phony” form. The two forms are identical except for a small, blue stamp of authenticity on the bottom of the cup.

The new Pokémon are not the

Dynamaxing also happens during gym challenges. As usual, there are eight gyms to beat in *Sword & Shield*. In this generation, in addition to the gym battles, each gym has an

or catch. For the first time, that exploration happens in a huge, open area where the player can avoid or go after encounters, and some Pokémon wander around

January/February 2020 Student Life Events

See back for details.

Start

- 1/22 First Day of Classes
- 1/23 CATS Meeting 12:30pm, Room W11
- 1/27 SGA Meeting 12:30pm, Murphy Room
- 1/28 CATS Meeting 12:30pm, Room W11
- 2/4 CATS Meeting 12:30pm, Room W11
- 2/4 Club Officer/Advisor 101 3pm-5pm, Room W11
- 2/4 Welcome Back Fair 11:30am-1:30pm, South Cafe
- 2/5 Ping Pong Tournament 12:30pm, Student Center
- 2/6 Black History Month Event 12:30pm, South Cafe
- 2/10-2/13 Evening Student Guessing Jar 4pm-6pm, Commons
- 2/11 CATS Meeting 12:30pm, Room W11
- 2/12 SGA Meeting 12:30pm, Murphy Room
- 2/13 Valentine Chocolate Sampler 12:30pm, South Cafe
- 2/18 CATS Meeting 12:30pm, Room W11
- 2/19 SGA Meeting 12:30pm, Murphy Room
- 2/20 Big Money Bingo & Comedy Show 5pm, South Cafe
- 2/24 TEA Time 12:00pm, Multipurpose Room
- 2/25 CATS Meeting 12:30pm, Room W11
- 2/27 Film: Hidden Figures 12:30pm, North Cafe
- 2/18 MWCC Goes Bowling 4pm-6pm, Gardner Ten Pins

Intramurals
Pick-up Basketball - every Tuesday, 3-4pm
Open Gym - 2/4, 2/10 & 2/27
All intramurals are FREE for MWCC
Students with a valid student ID and happen at Mount Fitness. Proper attire required.

For more information contact the Student Life Office at kmatson1@mwcc.mass.edu