The Mount Observer

"Voices of the students of Mount Wachusett Community College"

The Status of The Mount Observer **Going Forward...**

Due to the recent quarantine procedures put in place, The Mount Observer will be moving solely online.

See page 7 for more details.

A Little Help From My Friends

Rebecca Schlier, 22, from Westminster, is a Graphic and Interactive Design (GID) major and is completing her last semester here at MWCC.

For the full article, see page 3

Opioid Crisis Calls for Community Action

The Massachusetts opioid crisis has been getting increasingly worse throughout the past ten years.

For the full article, see pages 4-5

Review: Four Year Strong's Brain Pain

Worcester native band Four Year Strong's newest album Brain Pain is their best since Enemy of the World in 2009.

For the full article, see page 5



PREVIEWS Barriers at the Border

Attorney sheds light on the realities of the immigration process

By Abbi Rameau

Observer Contributor

Immigration attorney Cindy Burke recently spoke at MWCC, presenting the struggles immigrants face in U.S. detention centers and encouraging people to change their attitudes.

Burke addressed a crowded room of interested students for an hour, moving some students to tears. The event opened the conversation on immigration in a calm way where people expressed their opinions peacefully.

Burke detailed the conditions she saw at the border, speaking of chain link fences meant for over the top of the fences. 15 people holding up to 60 or four meals a day that are all the never treated people this way." same: two slices of white bread



Image from burkelawgroup.business.site

more immigrants. She described issues," Burke said, "but we

On top of the overfill of the there are no pillows, no beds,

immigrants are either given enclosures. "We've always had border blankets made of recycled aluminum or thin nylon for process immigrants must go warmth. Burke also mentioned

and a piece of bologna, dumped fences and the food situation, and only one toilet in the

Burke also spoke about the

continued on page 2 "Immigration Issues" >>>

White Fragility Event Starts **Important Conversation**

Brewer Center hosts community dialogue on modern racial issues



Image courtesy of mwcc.edu

Shelley Nicholson, Director of the Brewer Center for Civic Learning and Development, hosted the White Fragility discussion on By Dylan Quigley

Observer Contributor

author Robin DiAngelo, is a way of describing the way some white people may feel when confronted about racial problems or injustices. Shelley Nicholson, Director of the Brewer Center for Civic Community Engagement, knew she had to have a conversation about White Fragility at the Mount when DiAngelo's book was brought have been better. to her by a colleague.

At the White Dialogue, there

White Fragility, the title races and a mix of faculty and differently than white people. of a book and a term coined students. Nicholson opened up Another table discussed how with what "White Fragility" means and at each table a set of questions was put in place that would get the conversation flowing between the people at the tables. Nicholson stated that if the event was referred to as a "conversation on modern racial problems" and DiAngelo's book was used as a talking point, maybe the turn out would

> Each table discussed different Fragility racial struggles in modern were society. One table focused on

approximately 15-20 people police states and how everyday in attendance, with a mix of laws affect people of color our society is built in a way that benefits the racial divide; this was backed by the fact that we have Black History Month instead of celebrating black history 24/7, like our society does for white history. Afterwards, participants at the tables shared what they talked about and learned.

> As undergraduate, an Nicholson did diversity work around campus and learned

> > continued on page 2 "White Fragility" >>>







NEWS

>>> continued from page 1

early on about racial injustices in our societies. She talked about how our society has laws it very difficult for us to move forward on racial equality. For example, she said that our drug laws have been targeting people of color for decades, and it is no be having conversations on

injustices don't affect me, but that would be falling right into the category of white fragility."

Nicholson also agreed that and systems in place that make DiAngelo's book should be a common read in schools and that faculty and staff should have to read it too.

Nicholson said that we should

"I could have just stepped back and ignored it because racial injustices don't affect me, but that would be falling right into the category of white fragility."

- Shelley Nicholson

harsher sentences than white even having the conversations in people do.

When asked why she was so more effectively. willing to listen to the white and ignored it because racial talking about them.

secret that people of color get racial injustices as communities, classrooms to engage the youth

Nicholson clarified that these fragility argument while being conversations are important a white person herself, she said, because the broken systems are "I could have just stepped back not going to change if no one is

White Fragility Immigration Issues

>>> continued from page 1

through before they are granted admittance into the United States. For people from Africa and the Middle East, it generally takes eight to nine months on average to reach the border, usually crossing deserts and oceans.

current administration's policies, the facility. Immigrants that specifically the Public Charge are being held are threatened if rule, have made it nearly impossible for almost half of to reporters. Since these centers incoming immigrants to become are all privately owned but used residents.

that intending immigrants cannot deal of freedom to treat people

they speak up about conditions for national security, guards are The Public Charge rule states trained privately and have a great

"They went through all this, only to get tortured again." -Cindy Burke

"They went through all this, only to get tortured again," she said.

border, anything that is on their person, whether it has sentimental or instrumental value, is taken and thrown away. Cell phones are discarded, love letters from partners and family photos are tossed in the trash. Even cans of food are taken. returned. Burke was moved to tears explaining this process.

Burke explained that the allowed to bring cameras into

have received any government however they deem appropriate. benefits, and if they have, it must have been for a limited period what the general population can Once immigrants reach the of time. However, receiving do to help immigrants, Burke government benefits is by no Burke, since half of US citizens immigration is a bad thing." have received benefits at one Charge rule cuts off more people on than it helps.

and none of the items are ever the media from reporting on able to help in the areas of the the events of the border, Burke borders, as well as volunteering explained that

In response to a question about said, "the change has to start means a rare occurrence, said with people not feeling like

Besides a change in attitude point or another, so the Public and opening the conversation immigration, she emphasized donating When asked what prevents nonprofit organizations that are they're not with similar organizations.



NEWS

Don't Waste Used Textbooks

This program at MWCC aids veterans with low incomes

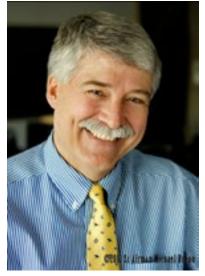


Photo by Sr. Airman Michael Bueno, courtesy of MWCC

Robert Mayer

By Jayden Hooper Observor Contributor

from other students.

The Veteran Textbook Donation Program supports veterans and veteran dependent students by allowing them to rent

Robert Mayer has overseen the donation program since 2014. When asked about the importance of the program, Mayer said, "In one way or another our veteran students have made an enormous commitment to serving our

to be deployed to combat. This kind of commitment deserves new, and they cost \$2,000." our gratitude."

approximately 40 veterans this semester have rented out

Brunell said, "My wife and I... the first semester that we came

combat and some the readiness but we went to the bookstore and purchased all of our books, brand on the lower side of income. The

Sergeant Andrew Brunell, should donate their textbooks, textbooks given to the program who is in charge of signing Brunell stated that "some out the textbooks, said that students sell their textbooks haven't been delivered in time back to the bookstore for pennies for their classes. on the dollar." He went on to textbooks required for their mention how donating textbooks in donating their textbooks to allow students to feel good about veteran or veteran dependent where their textbooks are going.

> Brunell mentioned how many here I was using my VA benefits. veterans are only going to school Services.

country. Some through the actual I got a little bit of a book stipend, and not working, but are getting paid by the VA so they're living program works as a "safety net" When asked why students for those who cannot afford their textbooks or may need to rent one temporarily if their books

> Any students who are interested students can see Robert Mayer or Andrew Brunell in Veteran

Working From Home



"The guy on the right is using a laptop to dial into his desktop at the office. The guy on the right is using that laptop to do just about everything else!" **Bob Maver**

Director of Veteran Services



"Hi! It's me, The Glitter Slinger, in my new space. Quite a change for this early childhood education professor, but thinking of new ways to stay connected with my students and help them to work with the families and young children they serve.

Peace and glitter,

P.S. Keep calm and wash hands! Notice the glitter hand sanitizer. A gift from a student last Christmas."

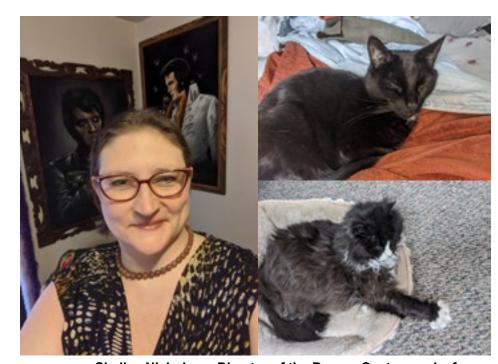
Maureen Provost

Associate Professor of Early Childhood **Education**



The Rx and Visions staff "prepping for remote services in a responsible, socially distant setting."

Photo Courtesy of Visions Director Gauray Khanna



Shelley Nicholson, Director of the Brewer Center, works from her Elvis room, or "Graceland North," with her feline coworkers Ragnar and Gwenny.

To see more examples of MWCC staff and students working from home, or to submit your own photos, visit www.mountobserver.com

PROFILE

A Little Help from My Friends

Student gives insight into the support that helped her succeed

By Jayden Hooper

Observer Contributor

Westminster, is a Graphic and Interactive Design (GID) major and is completing her last semester here at MWCC. She being a student while also coping with mental illnesses, and how she has received support here at she was doing. the Mount.

of juggling homework, daily tasks, and mental illnesses. On bad days, finding the motivation school attend seems impossible. She feels as though her anxiety and depression hinder the work she does for her graphic arts class.

Rebecca Schlier, 22, from for providing her with the showcase that was part of the a time when she was having a particularly challenging day the past 2 semesters. and had overdue assignments spoke about the struggles of in her coding class. Her teacher took notice and spoke with her, without judgment, about how

Schlier explained the difficulty enrollment student and said, "that feeling of support hasn't changed from being a high schooler to being an adult here, it's the same kind of support. It doesn't matter what age you are revealed that although she is sad or who you are."

schoolwork, depression, and She expressed her gratitude anxiety, she has managed to what she has learned.

to the teachers, friends, and the achieve some great feats. Her GID club here at the Mount artwork was displayed in a support she needs. She recalls GID program and she has been the secretary of the GID club for

Schlier is currently in a portfolio class that allows her to work directly with a client. She is partnering with the Agricultural Commission in Westminster to Schlier was previously a dual create a homepage for them.

She is hoping to submit more work to be displayed and is thankful to have the opportunity to work with clients and expand her resume and experience. She to be leaving the Mount, she is Despite having to balance excited for what the future holds and for the opportunity to apply



Photo by Betsy Torres

Rebecca Schlier winning an award for Website Mock-up Design at the 2019 GID Student Showcase

Profile: Professor Zach Buscher

Mount's new professor discusses his past and plans for the future

By Peter Edwards

Observer Contributor

he spends more time here.

Wachusett Community College's Quinsigamond English department by creating at MWCC. an entirely new and intensive writing class.

works intensively four days a week with the students in his New English faculty at the 097 class that he created. He's Mount Zach Buscher hopes been able to work with students to continue to improve on his that weren't quite ready for developmental writing class college level writing classes and while also expanding his reach by the end of the semesters he to other core college courses as claims that "it is some of the best writing I've seen." Considering Since becoming part of Mount Buscher has been teaching at Community faculty during the summer of College for the last 11 years of 2019, Zach Buscher has made his life shows how impressed he his presence known in the has been so far with the students

Although Buscher considers himself a poet and a writer, Buscher said his work so far his work here implementing a with his MWCC students has Developmental Writing Class been "very rewarding," as he hasn't gone unnoticed. Professor

Buscher is also a published poet. turning in some of his work to here at MWCC in hopes of being Poetry wasn't always his passion, as Buscher was more interested in films and novels in his earlier years. However, during his junior year he was chosen as one of eighty-five students to study abroad in the Netherlands at and he began his journey of Emerson College's Kasteel Well. becoming a published author. There he took his first poetry

After studying abroad in SHAMPOO, Buscher has returned to his Magazine, and sawbuck. home state of Massachusetts. he thinks propelled him. After establish himself as professor

confidence grew exponentially, and half.

Since that moment Professor class and since has become a Buscher has been published a residency this summer at determined and established poet. on platforms such as 20pus, the Netherlands and receiving Otoliths, and Tinfoildresses, his Masters in Fine Arts at the with more forthcoming in My Adams. He plans to continue his University of Arizona in Tucson, Name is Mud, Wheelhouse work on his most recent projects

Buscher recalled a story that plans are to continue writing and book published.

his Professor Peter Jay Shippy, here for the foreseeable future. Buscher recalled some of the He has also reignited his passion feedback he received from him. for getting his work published Shippy proclaimed Buscher as and has written close to 200 a "real poet". At that point his pages of poetry over the last year

Buscher said that some of his most recent work based around personal memoirs landed him his favorite art museum, the Split, Massachusetts Museum Contemporary Art in North there this summer with hopes of Buscher said that his future one day getting his own poetry

Let Your Voice be Heard!

Send your stories, poetry, artwork, photography, or other content to mountobserver@mwcc.mass.edu

OPINION

Opioid Crisis Calls for Community Action

Student discusses possible solutions to the Massachusetts opioid crisis



Image from pixabay

By Dylan Quigley Observer Contributor

The Massachusetts opioid been getting increasingly worse throughout were 547 deaths from opioid overdoses, and in 2019 there

with more cases that still aren't moving. finalized. Since 2016, the death deaths from opioids annually.

Is there a way we citizens can the past ten years. According start to decrease the death toll? to Mass.gov, in 2010 there As individuals, I think we are Narcan, the life saving overdose citizens of Massachusetts? We almost powerless, but a whole community movement to fight to buy for first responders. for our loved ones, because

toll has flatlined at about 2,000 opioid overdose deaths is due to medications. Attorney General Maura Healey. She has been involved in the responders have plenty Narcan Fund, which makes

Pharma and the Sackler family In part, the leveling out of for how they advertised opioid much more success in getting

Yes, it's good that first Narcan, but what about the reversal drug, cheaper and easier should have plenty on hand were 2,023 deaths confirmed addiction might help things get Healey is also suing Purdue sometimes when first responders

get to the overdose victim it's already too late. It's pretty easy to get Narcan as a citizen; just go down to a local pharmacy and they usually have some, or they will order some and it will only take a few days to come in. Most insurance plans even cover Narcan, often with a 10 to 20 dollar co-pay per dose.

I think everyone should have a few doses of Narcan at home, so buy some for yourself, buy some for neighbors, and maybe start community fundraisers to help the people who can't afford it.

One still has to wonder if enough is being done, though. First, the amount of state funding for treatment clinics isn't very high and the state funded clinics don't have the most effective care. Not many of these statefunded clinics are long term or they don't have enough beds. The private clinics and longterm treatment programs have people off opioids, but this can cost patients and their families tens of thousands of dollars.

Right now, there is a bill pending on Beacon Hill that

> continued on page 6 "Opioid Crisis" >>>

Are You Satisfied With High School?

Barr foundation strives to reform high school experience

By Magdalen Bresee and Dylan Hatch

Observer Contributors

Are you satisfied with your high school experience? According to a 2015 Gallup Student Poll, only 35% of high schoolers believe they possess adequate problem-solving skills, and only 33% of students feel they have a mentor who encourages their development. These alarming responses reflect the inadequacy of modern secondary education and prompt many to examine the specific elements that are failing students.

The Barr Foundation, association with its 22 partnering communities throughout New England, including four school districts and MWCC in North Central Massachusetts, is leading the effort to renovate high school by learning from the thoughts and experiences of local students

Several students from Narragansett Regional High School Baldwinville, Massachusetts, expressed their concern with the lack of



Image from barrfoundation.org

with the Portrait of a Graduate practical skills relevant to their clear. courses.

stated that while math courses ideally indoctrinate should problem-solving skills, enough conversation about those emphasis that's placed on the skills is being integrated into the

Foundation

material to make that intention for systems of equations, you're

"There's definitely the outline step process" One student, Emma Hughes, to make the connections, but I feel like the teachers don't that explicitly outlining the know that we need that. I feel like it should be more explicitly designated that you're not teaching systems of equations

teaching them to show a step-by-

The students generally agreed goals of their education would be vital for them to fully obtain

> continued on page 6 "Barr Foundation" >>>

OBSERVER

OPINION

Review: Four Year Strong's Brain Pain

Worcester band showcases their evolving musical style

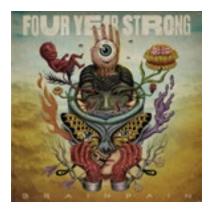


Image copyright Four Year Strong and Pure Noise

The album artwork for Four Year Strong's sixth album, Brain Pain.

By Nicholas Papini

Assistant Editor

Year Strong's newest album Enemy of the World in 2009.

sixth studio album and it oozes authenticity in both the sound and lyrics of the songs. Like the album title nods to, the music deals with heavy mental issues such as depression, anxiety, and identity crises. Pop punk as a on the album is "Be Good When genre is no stranger to emotional music, but Four Year Strong brings new angles to the genre with each of their albums.

Four Year Strong sets itself apart from the competition in an already niche genre by maintaining a more playful atmosphere and upbeat lyrics, Worcester native band Four and Brain Pain is no exception. "Usefully Useless" juxtaposes Brain Pain is their best since lines about depression and identity crises with the beautiful of that would be "The Worst Magazine that the album as a

Brain Pain is the band's line in the refrain, "I just don't Part About Me." The song's whole was meant to show their want to be a wannabe." Set heavy breakdowns are more evolution as musicians from against a backdrop of poppy, upbeat guitar riffs, "Usefully Useless" becomes easily the best excellent job of demonstrating feel authentic to a group who song on the album.

> Perhaps the most standout song Four Year Strong. I'm Gone," about being forced to and "Get out of My Head" are us in our lives." travel and the agony of leaving a family behind. As many of the band members have wives acoustic vibes allow the listener to feel some of what the band members must experience when they go on tour. The echo of, "it album back by much. gets easier in time" is particularly heartbreaking.

reminiscent of a pure posthardcore band, but it does an He stated that the album should the variety of styles available to

"Learn to Love the Lie" each solid songs which sound like they would not be out of vibe that the band gave off, place on one of their previous Day revealed in a March 6, and kids, the song's downbeat albums. They are a bit derivative 2009 interview with *Unrated* and felt a bit same-y, but they, Magazine that the band's name and the nostalgia-pandering has no real meaning. The band

frontman, said in a February from five to four to make it their Perhaps the direct opposite 27th interview with *Worcester* own.

their high school days to now. "are now grown men in our 30s with families, wives, homes and other things that are important to

Reaffirming the free-spirited "Seventeen," do not hold the had heard the lyrics in a song by the Get Up Kids and decided Alan Day, Four Year Strong's to change the lyrics just slightly

Barr Foundation

>>> continued from page 5

consideration as it should.

Another student, priority."

process achieves this goal by those goals; however, they felt opening lines of communication as if the administration doesn't between high schools and promote effort encourage students by helping Fitchburg High School, Gardner of high school ultimately

take their opinions into as much other community stakeholders a widespread Mary collaborative Lawindy, stated that while changemaking. Several schools administration tries to in the north central Massachusetts hear student voices, "it's not a area have been chosen to receive the grant and initiate the High school could inspire and process. These schools include

I feel like it should be more explicitly designated that you're not teaching systems of equations for systems of equations, you're teaching them to show a step-by-step process"

- Emma Hughes

them identify and expand upon High School, Leominster High their personal strengths. Instead, the modern curriculum revolves standardized testing overshadows students' varied academic strengths and ambitions. The Barr Foundation seeks to emphasize students' individuality by enabling them to build upon their personal strengths to succeed in their unique post-secondary goals.

The Portrait of a Graduate fulfillment,

School, Murdock High School, and several separate schools partnered with Mount Wachusett Community College for Early College programming.

These educators have the opportunity to better understand what is necessary for their graduates to become integrated and productive within their community, find career become project. to

academically successful higher education. By the end of this investigative process that includes examination of strengths as well as gaps, educators will be able to implement meaningful changes in their schools that ensure those goals will be met.

Although the Barr Foundation works diligently to achieve its goal, amending the flaws requires student feedback and cooperation. No voices are more influential and vital to reinventing the curriculum than those of students who are actively undergoing the high school experience. If you wish to join the movement and share your high school experiences (whether they be positive or negative), please contact <u>uwyv@</u> mwcc.mass.edu.

Current dual enrollment students Maggie Bresee and Dylan Hatch plan to continue writing more articles throughout the semester exposing the experiences and thoughts of current high school students. They will work to ensure your feedback is reflected in the objectives and outcomes of our

Opioid Crisis



Image from health.mil

First responders now have easier access to naxolone overdose reversal drugs like Narcan.

>>> continued from page 5

would allow for supervised be frustrating. Sometimes it consumption sites to be opened seems that everything you do up in Massachusetts. Dr. Alysse to help has no effect. I think a Wurcel of Tufts Medical Center, big mistake we make is trying disappointed in the flat lining of to understand what is going opioid deaths in MA, said that through their heads. If you were supervised consumption sites are "probably one of the only things we can do to impact this mentally. But if you try your best trajectory."

On the other hand, U.S. Attorney Andrew Lellin said that he will use Federal Drug laws to prosecute anyone who opens one of these sites. Stopping supervised consumption sites doesn't seem like a valid way of trying to prevent deaths of American citizens, does it?

Having a loved one who recovery.

is addicted to opioids can never an addict, you can't know everything they go through to show them you love them and help them find the community that they are missing, this can go a long way. Constant support through treatment and everyday contact shows someone that you are determined to see how they are doing, and shows them that you care about them. Sometimes just that goes a long way to

A&E

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Puzzle Corner

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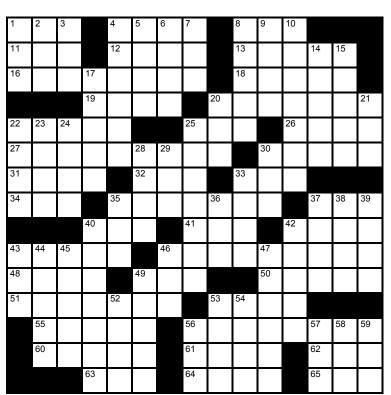
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The Status of The Mount **Observer Going Forward...**

Due to the outbreak of the COVID-19 novel coronavirus closing down all MWCC campuses to public use, we at The Mount Observer have decided to make the move to a fully online, web-only presence for the forseeable future. If you would like to keep up with us and any articles, announcements, or issues that we have planned, feel free to check out our social media platforms:

Website: www.mountobserver.com Facebook: The Mount Observer Instagram: @MountObserver

www.issuu.com/mountobserver Issuu.com: Whatever the future holds, know that we plan to continue reporting "the voices of the students of Mount Wachusett Community

Thank you for your support!

College."

To solve the Sudoku puzzle, each row, column and box must contain the numbers 1 to 9. There is only one possible solution.

		2					4
					8		7
9	5		3		1		6
	6		9				1
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	4	1	5			6	

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Send scans or photos of your best pieces to mountobserver@mwcc.mass.edu OR

Come visit us in person in room 344

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Solution